



#### <u>AGENDA</u>

- UIL Information
- SPORT SPECIFIC
- Coaching Reminders
- RULES & REGULATIONS
- MISCELLANEOUS INFORMATION



#### ASSISTANT ATHLETIC DIRECTORS

**Director of Athletics** 



**Brian Polk** 



Joseph Garmon



**AJ Martinez** 



**Brandy Belk** 



#### LEAGUE GOVERNANCE

- ✓ **LEGISLATIVE COUNCIL** RULE MAKING BODY, 32 SUPERINTENDENTS, ALL REGIONS, ALL CONFERENCES REPRESENTED.
- ✓ STATE EXECUTIVE COMMITTEE (SEC) 12 SCHOOL ADMINISTRATORS APPOINTED BY THE COMMISSIONER OF EDUCATION.
- ✓ WAIVER REVIEW BOARD 10 PERSON COMMITTEE, REVIEWS DECISIONS OF THE UIL WAIVER OFFICER ON APPEALS
- ✓ **DISTRICT EXECUTIVE COMMITTEE (DEC)** CONSISTS OF ONE VOTING MEMBER PER SCHOOL IN A GIVEN UIL DISTRICT.





### CONSTITUTION CHANGES 2020-2021

- <u>COACHES CERTIFICATION PROGRAM (CCP)</u> COACHES NOW REQUIRED TO HAVE ALL CCP COURSES DONE BY THE START OF THEIR FIRST PRACTICE OR THE START OF SCHOOL. WHICHEVER COMES FIRST.
- <u>Summer Regulations</u> The additions we made this year may possibly change next summer.
- STRENGTH & CONDITIONING DURING SCHOOL YEAR—PILOT PROGRAM THAT ALLOWS FOR 60 MINUTES OF S&C OUTSIDE THE SCHOOL DAY. THIS TIME MAY BE USED ALL YEAR
- <u>ELIGIBILITY (FIRST SIX-WEEKS)</u>
  - (A) GRADES NINE AND BELOW. STUDENTS MUST HAVE BEEN PROMOTED FROM THE PREVIOUS GRADE.
  - (B) SECOND YEAR OF HIGH SCHOOL. Two and one-half accumulated credits
  - (C) THIRD YEAR OF HIGH SCHOOL. TEN ACCUMULATED CREDITS OR AT LEAST TWO AND ONE-HALF CREDITS WITHIN THE LAST TWELVE MONTHS
  - (D) FOURTH YEAR OF HIGH SCHOOL. FIFTEEN ACCUMULATED CREDITS OR AT LEAST TWO AND ONE-HALF CREDITS WITHIN THE LAST TWELVE MONTHS.





### CONSTITUTION CHANGES 2020-2021

- PHYSICALS FOR THE 2020-21 SCHOOL YEAR ONLY, ANY PARTICIPANT WHO HAS NOT PREVIOUSLY COMPLETED A PREPARTICIPATION PHYSICAL EXAMINATION (PPE), AND BEEN CLEARED FOR PARTICIPATION, WILL BE REQUIRED TO COMPLETE THE MEDICAL HISTORY FORM, AS WELL AS A PPE PRIOR TO PARTICIPATION IN ANY UIL PRACTICES, GAMES, PERFORMANCES, OR MATCHES.
- <u>SEPARATED PARENTS</u>— SEPARATED PARENTS WILL NOW BE CONSISTENT WITH THE GUARDIAN RULE (3 YEARS).
- <u>AREA TRACK MEETS</u> AREA TRACK MEETS ARE NOW REQUIRED UNLESS THE TWO DISTRICTS ARE MORE THAN 150 MILES APART.
- OFFICIALS FEE INCREASE \$5 INCREASE ACROSS THE BOARD FOR OFFICIALS FEE



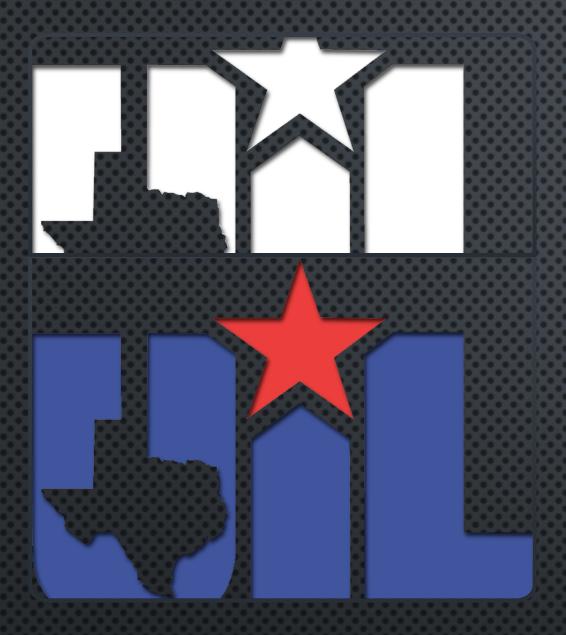




### **UIL Staff Studies**

- ✓ Study the possibility of Home Field Advantage for all sports and all classifications.
- ✓ Study the possibility of changing the Junior High start time for athletic contests.
- ✓ Study the possibility of adding 1A volleyball, softball, and baseball to their own district





#### **2020-2021 UPDATES**

- ONLINE PAPF / WAIVERS PROJECTED...
- <u>CCP</u> OVER 10,000 CERTIFIED AT COACHING SCHOOL, SUMMER MEETINGS LAST YEAR
  - WILL BE POSTED JULY 22<sup>ND</sup>
  - CREDIT FOR THIS SESSION WILL BE NOTATED IN PORTAL SOMETIME AFTER 7/24
  - QUESTIONS WILL BE RANDOMIZED
- EJECTIONS WENT WELL, OFFICIAL'S ROLE CONCERNING INCIDENT REPORTS 48 HOURS TO REPORT. SHOULD REPORT AS WELL.



### SPORT SPECIFIC INFORMATION





### UIL TEAM TENNIS PLAN 2020-2021

- COMPOSITION. AT THE DISTRICT LEVEL EACH SCHOOL MAY ENTER ONE TEAM CONSISTING OF A MINIMUM OF SIX BOYS AND GIRLS.
- BOYS/GIRLS TEAM RESTRICTIONS. GIRLS MAY NOT QUALIFY FOR BOYS POSITIONS ON THE TEAM AND VICE VERSA.
- MATCHES. EACH TEAM MATCH WILL CONSIST OF 19 MATCHES.
- SIX BOYS SINGLES & SIX GIRLS SINGLES
- Three boys doubles & Three girls doubles
- MIXED DOUBLES





### UIL TEAM TENNIS & TENNIS 2020-2021

- SCHOOL WEEK LIMITATION. NO STUDENT REPRESENTING A MEMBER SCHOOL SHALL PARTICIPATE IN MORE THAN ONE CONTEST (TOURNAMENT, DUAL OR TRIANGULAR MATCH) PER SCHOOL WEEK.
- SCHOOLS SHALL NOT ENTER INVITATIONAL
   TOURNAMENTS SCHEDULED ON MORE THAN ONE SCHOOL
   DAY PER ANY ONE TOURNAMENT.
- EXCEPTIONS: THE REGIONAL AND STATE TOURNAMENTS AND DISTRICT VARSITY TOURNAMENTS POSTPONED BY WEATHER OR PUBLIC DISASTER, MAY ALSO BE SCHEDULED DURING THE WEEK.
- STUDENTS AND TEAMS SHALL NOT REPRESENT A MEMBER SCHOOL IN ANY TENNIS TOURNAMENT AFTER THE DATE OF THE STATE TENNIS TOURNAMENT.





### UIL TEAM TENNIS & TENNIS 2020-2021

- Number of Contests Allowed
- 8 TOURNAMENTS + 1 DISTRICT TOURNAMENT
- EXCEPTIONS: TRIANGULAR MATCHES WHICH ARE LIMITED TO THREE OR FEWER SCHOOLS, DO NOT COUNT AS A TOURNAMENT FOR PARTICIPANTS, PROVIDED THERE IS NO LOSS OF SCHOOL TIME.
- IF NO MORE THAN FOUR TEAMS MEET TO PLAY PREDETERMINED OPPONENT(S), IT SHALL NOT BE COUNTED AS ONE OF THE EIGHT TOURNAMENTS ALLOWED THE INDIVIDUAL IF NO SCHOOL TIME IS LOST AND IF NO TOURNAMENT DRAW IS SET TO DETERMINE CHAMPION.



#### CONCERNS (Update) 2020-2021

- ✓ <u>Video Usage</u> Know the Rules...Too many coaches call wanting to protest and use video
- ✓ Event Limitations Know the Rules...There is a difference in HS and JH, we had multiple kids/teams get DQ'd violating this...
- ✓ <u>Don't Compare</u> Comparisons are negative...Team sports are different than individual sports, individual sports are different from one to the other...We do not have a sport in the state of Texas that is in bad shape!
- ✓ Social Media Call us, email us, negativity on social media is not a good look!

## COACHING REMINDERS

- Know Your Rules
- YEARLY REQUIRED TRAINING
- EDUCATE / LEAD YOUR STAFF

"I didn't know what the outcome would be but I committed to the purpose."





### KNOW YOUR RULES

- ✓ Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).
- **✓** Download and / or print your **SPORT MANUAL** 
  - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- **✓** Download or bookmark the Side by Side Manual
  - Will answer questions about no-pass / no-play, eligibility and more.



### UIL COACH EDUCATION AND TRAINING REQUIREMENTS (STATE LAW)

- CPR AND FIRST AID TRAINING MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- **AED TRAINING** MUST HAVE A CURRENT CERTIFICATION FILED WITH THE DISTRICT
- SAFETY TRAINING TRAINING PROVIDED BY UIL (CCP) PROGRAM, AND MUST BE COMPLETED PRIOR TO ANY CONTACT WITH STUDENTS
- CONCUSSION TRAINING TRAINING MUST BE COMPLETED ANNUALLY (2 HOURS EVERY OTHER YEAR/1 HOUR ANNUALLY)





## UIL COACHES EDUCATION AND TRAINING REQUIREMENTS

- ✓ <u>UIL Professional Acknowledgement Form</u> On file with the district (C&CR 1202(J))
- ✓ <u>COACHES CERTIFICATION PROGRAM (CCP)</u>— ONLINE / IN-PERSON TRAINING (C&CR 1208(I))
  - 1) Constitution & Contest Rules
  - 2) ETHICS
  - 3) UIL STEROID EDUCATION
  - 4) SAFETY TRAINING (STATE LAW)
  - 5) CONCUSSION TRAINING (STATE LAW)
  - 6) SPORT SPECIFIC TRAINING EACH SPORT HAS A SEPARATE MODULE
  - 7) FOOTBALL COACHES ONLY BEST PRACTICES IN TACKLING CERTIFICATION
  - 8) <u>First Year Coaches ONLY</u> Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - 9) <u>SAFETY/RISK MINIMIZATION FOR CHEERLEADING COACHES</u> LOCAL DISTRICT DETERMINES THE PROVIDER FOR TRAINING, AND TRAINING MUST BE COMPLETED PRIOR TO ANY STUDENT CONTACT

## STUDENT PARTICIPATION REQUIRED FORMS

- PRE PARTICIPATION PHYSICAL EXAMINATION FORM
- MEDICAL HISTORY FORM
- > RULES ACKNOWLEDGMENT FORM
- PARENT OR GUARDIAN PERMIT
- PARENT/STUDENT ANABOLIC STEROID USE AND RANDOM STEROID TESTING FORM
- > CONCUSSION ACKNOWLEDGEMENT FORM
- > SUDDEN CARDIAC ARREST AWARENESS FORM



#### PRACTICE & GAME REGULATIONS

- > PRACTICE
  - OUTSIDE THE SCHOOL YEAR VS SCHOOL IS IN-SESSION
  - COACHING OUTSIDE YOUR SPORT SEASON
  - ► INDIVIDUAL SPORTS VS TEAM SPORTS
- > GAMES
  - **SEASON LIMITS**
  - > SCHOOL WEEK VS CALENDAR WEEK
  - > HS vs JH







## GENERAL REGULATIONS FOR JUNIOR HIGH

- SCHEDULING. NO GAME, CONTEST, SCRIMMAGE OR TOURNAMENT, INCLUDING DISTRICT COMPETITION, SHALL BEGIN PRIOR TO THE END OF THE ACADEMIC SCHOOL DAY FOR ALL PARTICIPANTS.
- No Post-district Competition.
  There shall be no post-season playoffs or competition in any athletic event.



### ELIGIBILITY



#### ELIGIBILITY

#### ELIGIBILITY - 1ST SIX-WEEKS OF SCHOOL YEAR

- GRADES NINE AND BELOW PROMOTED
- SECOND YEAR OF HIGH SCHOOL FIVE ACCUMULATED CREDITS
- Third Year of High School Ten accumulated credits or five credits within the last twelve months
- FOURTH YEAR OF HIGH SCHOOL FIFTEEN ACCUMULATED CREDITS OR FIVE CREDITS WITHIN THE LAST TWELVE MONTHS

### ELIGIBILITY SUB-VARSITY AND JUNIOR HIGH

AN INDIVIDUAL IS ELIGIBLE TO PARTICIPATE IF...

#### SUB VARSITY ELIGIBILITY

- FULL TIME STUDENT
- ACADEMICALLY ELIGIBLE

#### JUNIOR HIGH ELIGIBILITY

- FULL TIME STUDENT
- ACADEMICALLY ELIGIBLE
- AGE APPROPRIATE FOR JH ATHLETIC COMPETITION





# ELIGIBILITY VARSITY ATHLETICS

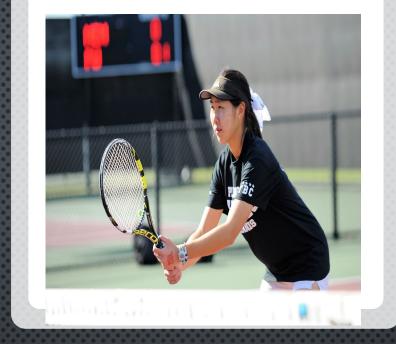
- ✓ MEETS ALL REQUIREMENTS OF SECTION 400 & 403
- ✓ IS AN AMATEUR
- ✓ MEETS PARENT RESIDENCE RULE
- ✓ MEETS THE AGE RULE
- ✓ HAS NOT CHANGED SCHOOLS FOR ATHLETIC PURPOSES
- ✓ PREVIOUS ATHLETIC PARTICIPATION FORM

## PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

- •REQUIRED FOR ALL **NEW** STUDENTS IN GRADES 9-12 WHO HAVE:
- **REQUIRED** IF A STUDENT <u>PRACTICED</u> OR <u>PARTICIPATED</u>
  WITH A FORMER SCHOOL IN GRADES 8-12 IN ANY UIL
  ATHLETIC ACTIVITY.
- NEW SCHOOL MUST VERIFY THAT THE STUDENT MEETS
   THE PARENT RESIDENCE RULE.
- STUDENT DID NOT MOVE FOR ATHLETIC PURPOSES AND APPROVE PAPF BEFORE A STUDENT IS ELIGIBLE TO PARTICIPATE AT THE <u>VARSITY</u> LEVEL AT THE NEW SCHOOL
- SUBMITTED TO THE UIL OFFICE.







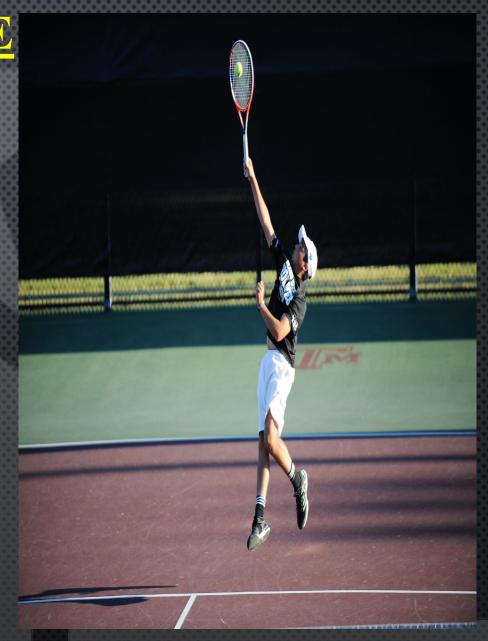


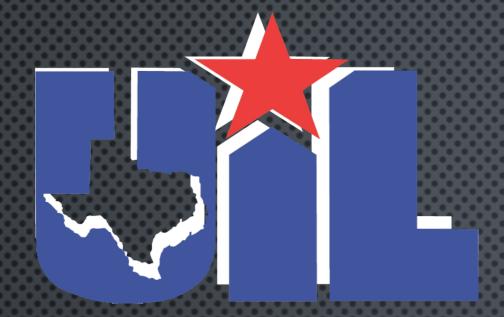


### **CONTACTS & LINKS**

#### LINKS FOUND ON UIL WEBSITE

- CONSTITUTION & CONTEST RULES (C&CR)
- TEA-UIL SIDE-BY-SIDE
- ATHLETIC RULES (SECTIONS 1200 THROUGH 1210 C&CR)
- RULES VIOLATIONS AND PENALTIES (SECTION 1207 C&CR)
- BOOSTER CLUB GUIDELINES
- SUMMER STRENGTH & CONDITIONING REGULATIONS
- Non-School Participation Regulations





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